

Olympika Video Showcase

*A pre-convention/convention contest to complete the week leading up to the 2021
Cascadia JCL Virtual Convention*

Before the Convention

Technical Specifications:

Submit a 60-second (or less) video on the topic of: **How do you do Olympika.**

Videos should be attached to an email *or* sent by DropBox, Google Drive, or another platform that allows for large-file transfers. All videos should be sent to Olympika contest chair dana.oday.senior@gmail.com.

Student entrants should include their name, grade, and school either in the video or in an email accompanying the video.

If your video has a title, please also either state/show the title in the video, or include the title in the accompanying email.

Please also include an email address where we can reach you to inform you if your video will be included in the video showcase.

By submitting a video to this contest, you affirm you have permission from your parent or guardian, you and your parent or guardian have read and understood all rules, and you agree to abide by the rules of this contest, and assume the risk of engaging in any athletic endeavor in the course of making your video.

Deadline:

Videos must be submitted no later than 5:30 p.m. PST on Saturday, March 13, 2021. Any videos submitted after that time will not be considered.

Content:

What do you mean “how you do Olympika?” Well, at in-person Cascadia JCL Conventions, we host a number of Olympika sporting events, including track (including the 100m, 200m, and 400m, sprints and “mile” or mini-Marathon), field (shot put, standing long jump), gladiatorial combat, roman wrestling, and catapult contest. The idea of all these events is to embody the spirit of the ancient Olympic games (and their modern equivalent). Since we cannot meet and compete in person, this year, we are asking you to show us your best embodiment of the Olympika spirit. Some ideas for what your video content might include:

- A video of yourself running, jumping, etc.
- A demonstration of a skill, trick, or move from your favorite sport (e.g., kicking a soccer goal, tossing a frisbee, shooting baskets, a yoga pose or flow, a dance step, part of a martial arts kata or form, a gymnastics or cheerleading jump or trick, a skateboarding trick, etc.) with an explanation of why you love it!

- A demonstration of your gladiatorial combat or roman wrestling moves (as used in the JCL competitions bearing those names)
- A reenactment of or homage to famous ancient artwork depicting athletes such as:

A discobolus



A depiction of ancient Greek footraces



Other ancient art depicting athletes might include:

- Wrestlers
- Pankration
- javelin throwers
- chariot racers
- And more!

- A narrative explaining your favorite sport (Olympic or otherwise) and what makes it your favorite
- Anything else that celebrates or depicts Olympics, JCL Olympika, or other sporting/athletic events!

Important Rules for Participation:

1. All videos and events must be approved by the JCLer's parent or guardian prior to submission.
2. Participation is at your own risk. Please use common sense and safety precautions, particularly if your video involves demonstration of any athletic skills, moves, or tricks. This is not the time to try out cool new moves or to try to impress us with daring heroics.
3. Once again, if you are doing an athletic trick or move, make sure you know how to do it safely and use proper equipment and gear when doing so. If you do not have proper gear or cannot safely demonstrate your skill in your current environment, please pick a different topic/skill/content for your video! There are many ways to show your Olympika spirit and how *you* do Olympika.
4. Think about your audience! Cascadia JCL is a diverse organization with participants of various ages and backgrounds. Please be sure your submissions are suitable for all audiences and do not contain any obscenities, etc. Ancient Olympians may have competed in the nude, but your modern homage should be fully clothed!
5. The Cascadia SCL and contest chair reserve the right to exclude videos from the Olympika Video Showcase that are not in compliance with the rules.

At the Convention

Olympika Video Showcase:

The Olympika video showcase will be held on Sunday, March 14, 2021, from 10:30 to 11:00 a.m. Qualifying videos will be displayed in a webinar-style Zoom presentation open to all delegates. Please plan to tune in and watch your video and the videos of your fellow JCLers as we celebrate sports, athletics, and the Olympika spirit!

Depending on the number of entries, **prizes may be awarded** by grade level (6th grade and lower), (7th through 9th grades), and (10th through 12th grades). All participation will be recognized and celebrated!

Entries will be judged on: 1) entertainment value; 2) knowledge of the sport, event, or art depicting an athletic event demonstrated, discussed or emulated therein, 3) and adherence to theme.

The contest chair and SCL reserve the right to recognize participation only instead of awarding prizes depending on the number of entries received.

Thank you for your interest and participation! Please direct all questions and inquiries to Dana O'Day-Senior at dana.oday.senior@gmail.com.